

Caffeine and Memory Directions

The purpose of this study is to assess the impact of caffeine on the brain. The goal of these experiments is to determine if caffeine affects memory and reaction time variability.

You will be completing a memory test and recording your previous best reaction time score and reaction time variability scores. Please read the entirety of the directions before you begin the memory test and survey.

1. Complete the following memory test by clicking on the link [here](#)
 - a. Under “choose your test speed” click “**fast**”
 - b. Choose “**Test 2: Nature Pictures**”
 - c. Record both your results (% **correct** and **average reaction time**)
2. Record your best Brain Gauge reaction time and corresponding reaction time variability
 - a. Go to brain gauge Cortical Metrics app
 - b. Click “**Pro**”
 - c. Click “**analyze results**”
 - d. Find your subject #
 - e. Record your best reaction time and corresponding reaction time variability scores
3. Complete the survey
 - a. Link is here: [survey](#)

Thank you for participating! For any questions, please email Cassie (cdrury@live.unc.edu) or Emily (echappy@live.unc.edu) for help.